The Life Clock Theory

By Fahrezi Febrian

Concept

Time is not just a line, but a triangle of three active vectors:

– Tp (Past): memory, history, cause
– Tn (Now): awareness, focus
– Tf (Future): imagination, direction

These vectors are like three clock hands — moving in one system but pointing to different positions.

Formula

Total perceived time:

> $W = Tp + Tn + Tf$

With full vector magnitude:

> $|W| = \sqrt{(Tp^2 + Tn^2 + Tf^2 + 2Tp \cdot Tn \cdot \cos(\theta pn) + 2Tp \cdot Tf \cdot \cos(\theta pf) + 2Tn \cdot Tf \cdot \cos(\theta nf))}$

Analogy

Life is a tree:

– Roots = Past
– Trunk = Present
– Branches = Future

A balanced life grows in all directions.

Application

– Past-dominant → trauma, regret
– Present-lost → distraction, apathy
– Future-dominant → anxiety, overthinking
Balance all = harmony.

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